

## Workplace Health & Safety 1/2 Day Workshop Preventing Upper Extremity Injuries at Work

This dynamic interactive workshop will help you identify the risks associated with upper extremity injuries and introduce you to practical strategies you can take back to your workplace to mitigate such risks. Workshop begins by identifying various factors that can lead to upper extremity injuries, then review examples with short and long-term recommendations for change. A unique identification tool will be introduced and taught to help identify upper extremity risks within your workplace.

Ergonomics resources will be provided to help understand OH&S Code Part 14 requirements, and build upon or further enhance existing health and safety initiatives.



Facilitated by a Canadian Certified Professional Ergonomist (EWI Works), focus specifically toward the food processing industry.

**To Register simply email [ed@afpa.com](mailto:ed@afpa.com)  
or call 403-201-3657 x28  
ONLY \$199+gst per person**

Calgary May 11  
Edmonton on May 25  
8:30-1:00pm  
(lunch to be served)

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**AFPA Members - Come have lunch on us!  
Lunch n' Learns**



**Hand, Finger & Wrist Injuries &  
Prevention in the Food Industry**

**Calgary - May 10th  
Edmonton - June 12  
11:30am-1:30pm**

email [ed@afpa.com](mailto:ed@afpa.com) to reserve your spot  
or call 403.201.3657 x 28